



Feeding History Questionnaire

Today's Date: _____

Child's Name: _____

Gender: M F

Date of Birth: _____

Chronological Age: _____

Current weight and height: _____

Informant's Name: _____

Evaluating Clinician: _____

1. What concerns do you have about your child's eating that you would like help with at this visit? _____

2. What do you hope to gain from this appointment? _____

Medical History

1. Does your child have any medical diagnoses: _____

2. Does your child have any allergies? Yes No

Please indicate allergies:

Food: _____

Medication: _____

Contact: _____

3. Was child born at full term (37-40+ weeks)? Yes No If no, how many weeks? _____

4. How much did the child weigh? _____

5. Did the mother have any complications during this pregnancy and/or delivery? If yes, please describe:

6. Was your child ever hospitalized or had surgery? _____

7. Medical tests/procedures been done? Ex: swallow study, upper GI, allergy testing, tonsils/adenoids removed, MRI, etc.): _____

8. List of Doctors: _____

9. Note any current medications and dosages: _____
10. Has your child had a history of reflux, constipation or diarrhea? If yes, please describe _____

Feeding History

1. Was your child breast-fed or bottle-fed? _____
 If breast-fed, how long did your child receive breast milk? _____
2. Was your child given any formulas? If so, what brand/kind: _____
3. Did he/she have any difficulties with breast-feeding or bottle? Yes No
 If yes, please describe: _____
4. At what age did your child begin to eat:
 Purees/baby food? _____ Mashed food? _____ Soft table foods? _____
5. At what age did your child start using a:
 Bottle? _____ Cup? _____ Straw? _____
6. At what age did your child's eating first become a concern? _____
7. Was feeding interrupted at any time in the child's history? Yes No
 For how long? _____

For what reason? _____

Current Feeding

1. Does the child feed self? Use fingers, spoon, fork, etc.? _____

2. What liquids does the child drink? How much per day? _____

3. Does your child have any physical pain while (associated with) eating or drinking? Yes No
If yes, please describe pain level: _____

4. Oral Motor Function:

Does your child drool?	Yes	No
Can your child keep his or her mouth closed?	Yes	No
Does your child have a tongue thrust or poor tongue mobility?	Yes	No
Does your child have problems with sucking?	Yes	No
Does your child choke or gag often?	Yes	No
Can your child bite off pieces of food voluntarily?	Yes	No
Does your child have problems chewing?	Yes	No
Is your child hypersensitive to food textures or temperature?	Yes	No

5. Does your child have any of the following symptoms when eating or drinking?

- | | |
|---|--|
| <input type="checkbox"/> Gagging | <input type="checkbox"/> Choking |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Limited volume/not eating enough |
| <input type="checkbox"/> Eats a limited variety of food/selective | <input type="checkbox"/> Difficulty swallowing |
| <input type="checkbox"/> Slow weight gain | <input type="checkbox"/> Refuses to swallow/ holds food in mouth |
| <input type="checkbox"/> Refuses to eat | <input type="checkbox"/> Difficulty progressing table food |
| <input type="checkbox"/> Other (specify): _____ | |

Please describe: _____

6. What strategies have you tried to deal with your child's eating problems?

- | | |
|---|--|
| <input type="checkbox"/> Distraction during meals | <input type="checkbox"/> Forcing |
| <input type="checkbox"/> Skipping meals | <input type="checkbox"/> Allowing child to drink more fluids |
| <input type="checkbox"/> Rewards | <input type="checkbox"/> Giving preferred foods |

Feeding child upon request

Punishment

Coaxing

High calories

Supplements/formula

Other (specify) _____

Please describe: _____

Tube Feeding

1. Does your child use a feeding tube? Yes No If yes, what type (NG, Gtube, G-J, etc.)? _____
2. Type of Formula used: _____
3. Schedule: _____

4. Provider who tells you what/how much to give through the tube: _____

Eating Environment

1. Where does the child usually sit to eat? _____
2. With who does the child usually eat and drink? Who feeds them? _____
3. How is the child fed? _____
4. Feeding Schedule (Please note this section may be skipped if you have turned in the 3-day diet assessment)

Meal	Typical Time of Meal
Breakfast	
Snack	
Lunch	
Snack	
Dinner	
Snack	